



## Jersey Cycling Association *Youth Academy*

### Report to the Youth Academy AGM December 2012

**Introduction:** this document has been prepared as a summary report on YA activities for 2012.

#### **Officials:**

Peter Derrick - Chairman  
Paul Le Gros - Treasurer  
Gemma Derrick - Secretary  
Julie Le Rougetel - Communications

#### **Committee Members:**

Lynda Lutz - Membership  
Shaun Bosio - Coaching  
Adrian Milner - Website  
John Pallot Brown - Loan bikes  
Simon Stead - MTB  
Erik Le Brun - MTB  
Ben Le Brocq - Children's Representative  
Steve Lowthorpe - Consultant

#### **Governance:**

The YA committee held twelve meetings in the year and the chairman attended and presented reports to the main JCA committee at each of their meetings held during the year. A number of additional meetings were held to discuss specific subjects including coaching and preparation for next year's interinsular event.

#### **Membership:**

Membership has continued to grow with approximately 120 members now on the books, an increase of 20% over last year's figures. Over 150 individual youngsters have taken part in YA organised events. During this Autumn we have had as many as 90 children competing in MTB events taking place on the same day.

#### **Sponsorship:**

A big thank you to our Sponsor, the Moore Group; their financial support has been critical to our success. We are currently discussing renewal of the current arrangement for a further three years and will let you know as soon as a decision has been reached.

#### **Events / activities:**

A range of activities have been organised during the year as follows:



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### On island:

- Off road / MTB events
- Track coaching / races [Wednesday evenings]
- Group rides [Saturday mornings]
- Involvement with JCA and club events subject to age restrictions
- Town Criterium
- Participated in the West Show

### Off island:

- Participation in the British Schools Cycling Association (BSCA) national and regional Hill Climb, Circuit and Mountain Bike events
- British Cycling (BC) Southern Region Mountain Bike championships
- Various BC events in the Southern Region
- 3<sup>rd</sup> inter insular race in Guernsey with a team of 40 riders

### Achievements:

- Ryan O'Shea won the CCC Easter series, competing against adult members from both CCC and VSJ
- Ben Le Brocq & Ryan O'Shea have competed successfully in Div 1 races this year with other YA members competing successfully in a variety of road, circuit and TT races
- Two of our riders, Charlotte Turner & Ryan O'shea were invited to the Sainsbury School games as part of the British Cycling Southern team and competed on the Olympic Velodrome track in London
- Charlotte Turner represented BC South at the annual regional track championships at the Newport Velodrome
- Oliver Lowthorpe represented BC South at the regional MTB championships at the Olympic MTB course at Hadleigh Farm Essex.
- Youth Academy members have competed successfully in a variety of BC events in the South of England including the regional and national MTB championships
- Academy members have also travelled to the South and competed successfully in events in France with Sabine Minchinton-Gilley invited to join a local French club.

### New Developments:

- We have purchased a minibus which has proved invaluable for transporting equipment, bikes and children both on the island and trips away. It has been branded to promote our sponsor as well as the Academy and has been seen in France, Guernsey, the South of England and East Anglia as well as regularly in Jersey.



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- We have successfully completed for the first time this year a bike ability course for eight of our members who have all gained their certificates to be handed out today
- We have worked with CCC to allow our older members to compete in the senior MTB races and this has proved very successful with approx 10 members now taking part in these events
- We have expanded our programme this Autumn/Winter to include MTB Criterium racing at Les Creux which is a new venue/event for the YA.

### Coaching:

- We have successfully organized a level one coaching course this year increasing the number of coaches available to the academy
- The Wednesday evening coaching sessions, which included the bikeability course, run during the summer were well attended
- We now have five Youth A and Junior level riders receiving individual coaching with two of them, Ben Le Brocq and Ryan O'Shea in the running for selection to represent the island at the 2013 Island Games in Bermuda

### Looking forward:

- A membership survey will be launched during December seeking feedback on what are we doing well, what could we do better and any ideas our members/parents may have.
- We are hoping to offer mentors and generic coaching plans to our older members who do not wish to enter into formal individual coaching programmes but need guidance on how they can improve their performance.
- We will continue with our programme of offshore events looking to take younger riders to the BSCA events and older riders to the BC events in the U.K. The majority if not all of these will be in the South of England to reduce cost
- We are looking to develop opportunities in the Brittany and Normandy regions to expand the off island events available to our members.
- We will continue to subsidise any member wishing to compete in off island events
- The mix of competition and coaching is constantly under review to ensure we are delivering the right combination
- The relationship with BC continues to develop and we are looking to run a local Regional School of Racing over the winter with the help of the Southern Region development officer, Ric Jamieson.
- In addition to the RSR we are planning a series of master classes run by the top adult Mountain Bike and Road Race riders on the island.
- We will be asking all parents if they are able to offer help to organize events, act as marshalls, provide coaching support and generally help out.
- We are in discussion with ESC to introduce cycling coaching into a number of schools next year and to organise a schools event during the summer for year 5 pupils.



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### **And finally:**

I would like to thank all of those who devote so much time to make the Academy successful. We are coming to the end of our third year and looking back over the last three years it is amazing to see how we have grown and what we have achieved. Without you none of this would have happened.

**Peter Derrick**  
**Chairman JCAYA**



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